

Hello, PHG 2023 Spring Retreaters –

Wow! What a great response we've had for our PHG Spring 2023 Retreat! Registrations appear daily and we now have our minimum number for Thursday night! Don't worry, though. There is still plenty of room so get yours in today!

Since 3 whole years have less-than-gently slipped by since the 2019 Retreat and with new attendees, here is an update along with another set of the initial information sent out in January.

Covid

At this time, we're not requiring masks, but, of course, everyone is encouraged to do as they feel most comfortable. For now, we ask that everyone be understanding as we continue to monitor the seemingly endless and ongoing developments. Ultimately, we will follow whatever is recommended by the powers that be.

Some folks asked about what we do and what to bring. Here are some informative bits of info along with suggestions:

What Do We Do?

We do anything that involves **fiber**. This includes everything from fiber processing to drop spindle spinning to greeting card design & creation to sewing projects to full-on multi-shaft weaving. Hmmmm... a particular gorgeous and complexly woven set of linen napkins comes to mind...

Everything is self-driven. There are no formal classes or schedule, except for the meals! There is an incredible amount of knowledge floating around that is shared, observed, and discussed. Conversations are plentiful, laughter is prolific, and lots of neat stuff gets done.

Just remember, you must bring EVERYthing you will need to work on your project(s). That said, you can reach out to the group ahead of time about sharing resources such as an iron and ironing board, warping frame, carding machine, etc. eMail addresses of everyone registered will be shared as we get an enrollment list

What Should I Bring for Me?

Over the years, we have compiled a list of personal items that might make your stay a little more comfortable. BTW, this is a work in progress so if you have anything to add, please pass it on and it will be included in the next list. For now it's a good time to start a little pile in the corner so gathering and packing is not a last minute thing:

- Slippers or house-only shoes for in the dorms and general Kitchen area (Shoes are OK in the Project and Dining Room).
- A clamp on lamp for your room. Some folks like to read in bed and the wall switch might as well be a mile away when it comes time to turn off the overhead light.
- Alarm clock or cell phone.
- Devices such as a cell phone, laptop, tablet, etc. We have Wi-Fi.
- Chargers, cables and plug ins for devices.
- Extension cords: one for your room and one for the Work Area.
- Personal pillow

- A cozy throw or afghan is nice to have.
- Light hiking gear for the walk to the Dining Hall and Work Area or for a refreshing walk about on the property.
- Medications
- Masks
- Hair dryer, shampoo, conditioner, bar of soap or body wash.
- Flashlight or headlamp for walking back and forth from the rooms to the Work Area.
- A furry friend in honor of Bearly (who is still missing) and to keep Henry, Bearly's friend, company. (Your furry friend will go home with you at the end of the Retreat. Hopefully, they will come back next year!)
- A personal beverage glass and coffee mug with a cover.
- Something to share at our evening Social Hours. The house has a refrigerator. Past items have included red and white beverages– sometimes with bubbles, nuts, dried fruit, cheese and crackers, COOKIES, fudge, dips and chips, pop, flavored water, jerky, etc.

Project Stuff: What to Bring

- All** materials and equipment you'll need for your project(s). Here is a Tickle List to get you started:

<ul style="list-style-type: none"> ○ <i>Yarns</i> ○ <i>Fiber</i> ○ <i>Shuttles</i> ○ <i>Scissors</i> ○ <i>Tape measure</i> ○ <i>Ruler</i> ○ <i>Notebook</i> ○ <i>Task light</i> ○ <i>Extension cord/circuit breaker bar</i> 	<ul style="list-style-type: none"> ○ <i>Loom</i> ○ <i>Spinning wheel</i> ○ <i>Personal work table</i> ○ <i>Chair/Bench/Cushion</i> (The chairs and benches in the Project Work Area can get really ... firm...) ○ <i>Thread</i> ○ <i>Needles</i> ○ <i>Screwdriver</i> 	<ul style="list-style-type: none"> ○ <i>Project directions</i> ○ <i>Iron</i> ○ <i>Ironing board</i> ○ <i>Threading hook</i> ○ <i>Spare parts</i> ○ <i>Sharing Table item(s)</i> ○ ○ ○ ○
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- Work space is locked overnight unless a night owl wants to assume responsibility for lock up.

General Administration Information

- Your final payment is due upon arrival to the Retreat. **Make check to PHG.**
- A full kitchen is available in the Main House upon arrival.
- There is cell phone service at the Retreat location.
- There is free Internet service. It has been v-e-r-y spotty in the past.
- Rooms will be assigned according to personal preferences or requests as much as possible. We don't completely fill the facility and they are VERY generous with the space. Since we don't max out the room spaces, there might be some single rooms. Just try to not disturb or mess up any beds you don't use. Strip the bed you use before you leave.

General Schedule:

- **The earliest check in time is any time after 2:00 pm on Thursday in the Dining Hall. After that, you can arrive anytime.**
- **Your first meal is whatever you have signed up for on your Registration Form. NO MEALS can be added after March 13, 2023.**
- **Check in at the Dining Hall first. Dining Hall is down the hill from the entrance to the Retreat** (long, one-story red building at the bottom of the hill).
- **Room schematics will be at the Check In as well as in the lodging areas. Names will be on the doors of the rooms.**
- **Unload your work materials and equipment down at the Dining Hall upon arrival. After unloading, please immediately move your car up the hill to move into your room. Then, please park your car in the parking area which is right inside the entrance to the camp property.**
- Coffee and tea are available in the Dining Room by 7:30 am Fri – Sun mornings and then all day long. There is also fruit for a snack.
- Meal times are:
 - Breakfast at 8:00 am**
 - Lunch 12:30 pm**
 - Social Hour up at the Main House ~5:00 pm (We host this with our own snacks and beverages.)
 - Dinner 6:00 pm**
- Work space is generally not locked overnight. We can lock it if we tell the morning staff person to unlock for us when they arrive at 6:00 AM. If other groups are there at the same time as us, we probably should not lock it.

House Rules

- Bring house slippers.* No shoes past the front doors to the sleeping areas and in the Main house. Shoes are OK in Work and Dining areas.
- There is no Daily parking at the Work/Dining area.** Cars need to be parked in the lot that is **immediately** on the right as you turn onto the property from the road and near the Cedar Camp sign.
- Cars are to be unloaded at the Dining Hall and near the rooms and then moved promptly to the parking area.
- When you leave, pack all of your project materials and position them near a door in the Work Area. **ONLY THEN** should you go get your car and bring it down to the Dining Hall. **THERE IS ABSOLUTELY NO PARKING IN FRONT OF THE DINING HALL EXCEPT TO UNLOAD OR LOAD YOUR CAR.**

Location:

Cedar Ridge Retreat & Conference Center

18062 Keasey Road

Vernonia, OR 97064

See the last page of this document for detailed driving instructions.

Whew!!

Thanks, all. Please contact me with any questions or additional suggestions.

Looking forward to a great PHG 2023 Spring Retreat. Start packing!

Diane McKinnon

971.219.1564

dimckinnon@aol.com

PHG Spring Retreat Registration Form

Deadline: Monday, March 13, 2023

Retreat Dates: Thursday, March 30 – Sunday, April 2, 2023

Checks MUST be made out to PHG

Mail to: Diane McKinnon
45245 NW Wildberry Lane
Forest Grove, OR 97116

Name: _____

Address: _____ City: _____ St: _____ ZIP _____

Phone: _____ eMail: _____

Special Dietary Requirements: _____

Room and Roommate Requests: _____

Dates and Prices:

Circle Selection	Retreat Option	Lodging	Meals	Totals
#1	Full Retreat: Thursday Dinner – Sunday Brunch 3 nights and 8 meals	3 nights = \$165.00	8 meals = \$146.00 Thu: D Fri: B, L, D Sat: B, L, D, Sun: Brunch	Total Due: \$311.00 Less Deposit: <u>-\$50.00</u> Due @ Check In \$261.00
#3	Partial Retreat Friday Lunch – Sunday Brunch 2 nights and 6 meals	2 nights = 110.00	6 meals = \$112.00 Fri: L, D Sat: B, L, D, Sun: Brunch	Total Due: \$222.00 Less Deposit: <u>-\$50.00</u> Due @ Check In \$172.00
#4	Short Retreat Saturday Lunch –Sun Brunch 1 night and 3 meals	1 night = \$55.00	3 meals = \$59.00 Sat: L, D Sun: Brunch	Total Due: \$114.00 Less Deposit: <u>-\$50.00</u> Due @ Check In \$64.00
#4	Friday Day Tripper (No Breakfast)	Day Use Fee*= \$15.00 * Required	Meals (Optional): Select and add: L 19.00 D <u>21.00</u> Total:	Day Fee: \$15.00 Total meals +\$____.00 Full Payment req'd: \$____.00
#5	Saturday Day Tripper (No Breakfast)	Day Use Fee*= \$15.00 * Required	Meals (Optional) Select and add L 19.00 D <u>21.00</u> Total:	Day Fee: \$15.00 Total meals:+\$____.00 Full Payment req'd: \$____.00

Menu for 2023 PHG Spring Retreat

3/30/2023	Thursday	Portland Handweavers' Spring Retreat 2023
	Dinner	Turkey, mashed potatoes and gravy, asparagus, salad bar, strawberry shortcake
3/31/2023	Friday	
	Breakfast	Eggs, turkey bacon, hash browns, yogurt bar, fresh fruit, toast bar
	Lunch	Seasonal soup, MYO sandwiches w/ asst. breads, meat & cheeses, salad bar, ice cream
	Dinner	Fettuccini alfredo, broccoli, chicken and apple sausage, salad bar, tiramisu
4/1/2023	Saturday	
	Breakfast	Pancakes, sausage, eggs, yogurt bar, toast bar, fresh fruit
	Lunch	Veggie stir-fry, thai chicken, jasmine rice, salad bar, cookies
	Dinner	Roast beef, rosemary/garlic new potatoes, honey roasted carrots, salad bar, rolls, apple crisp
4/2/2023	Sunday	
	Brunch	Frittata, sausage, yogurt bar, fresh fruit, toast bar, oatmeal